

Sharpening the Skill of Self-Control

“Receive the Energy”

Galatians 5:16-23

Proverbs 25:28 - “Like a city whose w_____ are broken down is a man who lacks self-control.”

Proverbs 16:32 - “Better to have self-control than to c_____ a city.”

What is self-control? _____

The Frustration of Sin

Romans 7:14-25 - Paul shares the w_____ going on inside of him.

James 1:14; 1 Peter 2:11; Ephesians 4:22 - Sin is at w_____ against us.

Galatians 5:17-21 - Sin wants to c_____ us and opposes God.

The Fruit of the Spirit

Romans 7:24-25 - Paul’s frustration is answered by J_____.

Romans 8:1-4 - The law of the S_____ sets us free from the law of s_____ and d_____.

Galatians 5:22-23 - Self-control is listed as the f_____ of the Spirit.

The Foundation of Self-Control

Galatians 5:16 - The way out of sin is to l_____ by the Spirit.

“Self-discipline” can be a reliance on our own p_____ to improve our lives, whereas “self-control” relies on the Spirit’s p_____.

The secret of self-control is the H_____ S_____’s control.

Self-control is not about d_____ more or t_____ harder; it is about t_____ more and l_____ harder on the Spirit.

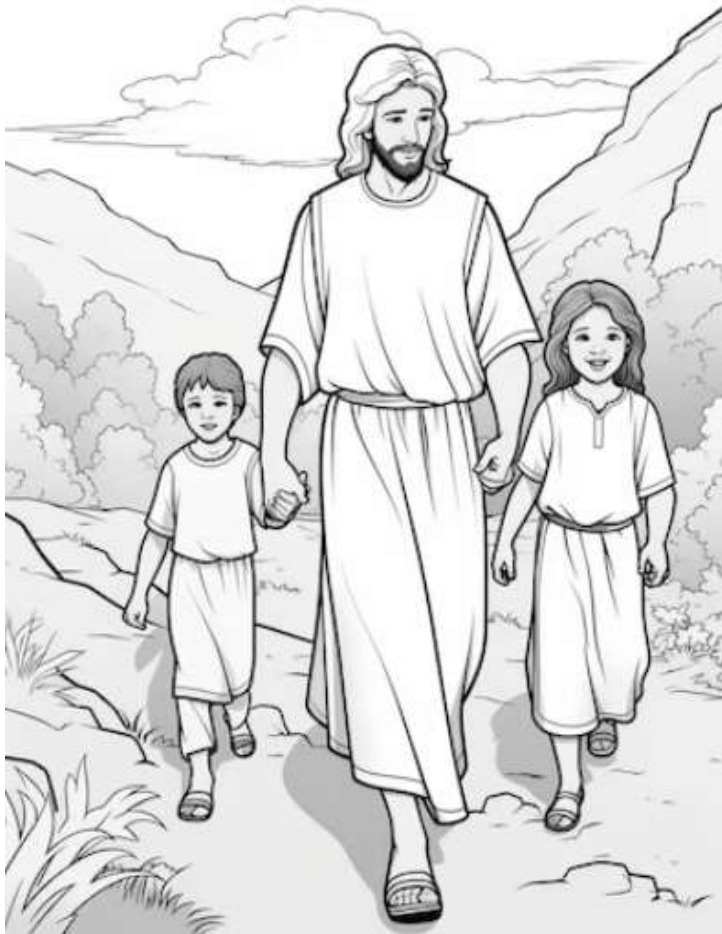
Christianity is not what we d_____ for God, but what He d_____ for us.

Word Search - Galatians 5:22-25

H T G P P D L T L O R T N O C
C H H S H I E J N B E F E E F
O I T S V P S I W F A S J V L
H N I E S N A I F I P E O A E
P G R N N E T S T I S E S H S
A S I D E H N H S U C E A S T
T K P O P B F E S I R U E C S
I E S O A U V K L I O N R E E
E E U G L O V E S T D N R C E
N P D N L H A E G N N E S C L
C U E C C G D K I N H E N P U
E S B U U B G K H T O I G E F
S C S T S N I A G A S L P T N
O L F R U I T F N H K I E S I
Y O J N A T U R E U J B W B S

AGAINST	JESUS	SELF
BELONG	JOY	SINCE
CRUCIFIED	KEEP	SINFUL
CONTROL	KINDNESS	SPIRIT
DESIRES	LIVE	STEP
FAITHFULNESS	LOVE	SUCH
FRUIT	NATURE	THERE
GENTLENESS	PASSIONS	THINGS
GOODNESS	PATIENCE	THOSE
HAVE	PEACE	WITH

We don't have to do it
by ourselves



*"I can do all things through Christ
who strengthens me."
(Philippians 4:13)*

Receive the Energy



*"So I say, live by the Spirit, and you
will not gratify the desires of the sinful
nature."
(Galatians 5:16)*