

Sharpening the Skill of Self-Control #4

“Repeat the Exercise”

selected Scriptures

“Success is not f_____, failure is not f_____: it is the courage to continue that counts.” Winston Churchill

Be Realistic in the Face of Dreaming

Most of us don’t p_____ to f_____; we f_____ to p_____.

2 Corinthians 5:9 - “We make it our g_____ to please Him.”

Goals need to be SMART: S_____, M_____,
A_____, R_____, T_____.

Be Resolved in the Face of Difficulty

1 Corinthians 13:11, “When I was a child, I t_____ like a child, I
t_____ like a child, I r_____ like a child. When
I became a man, I put the ways of childhood behind me.”

Early stage: the first f_____ days are the most difficult.

Middle stage: good habits are formed by making good c_____.

Later stage: c_____ is the enemy. Don’t let your guard
down.

Be Resilient in the Face of Defeat

“Failure isn’t fatal, but failure to c_____ might be.” John Wooden

Romans 3:23 - “A_____ have sinned and fall short of the glory of God”

We should not see failure as p_____, u_____, or
i_____, but rather as t_____, s_____,
and e_____.

“After each failure, ask f_____, pick yourself up, and try
a_____.” C. S. Lewis

Word Search - 1 Corinthians 9:19-27

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| E | Z | E | W | E | A | K | T | E | H | Y | R | F | R | Y |
| D | A | V | Q | I | R | C | M | H | L | D | O | S | T | H |
| C | E | T | P | S | U | A | G | S | G | R | E | E | H | A |
| E | H | I | L | O | C | T | S | A | E | I | V | N | O | V |
| Q | C | A | F | E | S | E | R | V | S | E | F | I | U | I |
| H | V | A | B | I | L | S | E | A | R | T | Q | T | G | N |
| E | U | L | R | M | L | R | I | Y | I | F | R | C | H | G |
| L | H | N | I | S | C | A | O | B | L | N | O | I | U | Z |
| Q | L | A | S | T | F | N | U | E | L | M | I | N | C | S |
| J | R | U | N | N | E | R | S | Q | P | E | D | N | C | T |
| B | E | A | T | D | C | Y | E | E | S | E | C | R | G | S |
| M | F | R | E | E | M | G | T | K | R | I | O | J | E | E |
| A | P | R | I | Z | E | E | S | V | I | W | D | E | K | M |
| K | B | R | S | A | S | Z | J | V | N | L | F | W | O | A |
| E | W | S | A | R | U | N | N | I | N | G | D | S | B | G |

AIMLESSLY

BEAT

BECAME

COMPETES

CROWN

DISQUALIFIED

EVERYONE

FIGHT

FOREVER

FREE

GAMES

HAVING

JEWS

LAST

LIKE

MAKE

MYSELF

POSSIBLE

PRIZE

RACE

RUNNERS

RUNNING

SLAVE

STRICT

THOUGH

TRAINING

UNDER

WEAK

Don't give up; try again!



*"Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."
(Philippians 3:13-14)*

Repeat the Exercise



*"I can do everything through Him who gives me strength."
(Philippians 4:13)*