

Living in the Power of the Resurrection #3

“Overcoming Despair”

selected Scripture

Even great men of God like M____, E____, and J_____ suffered from despair from time to time.

The Pit of Despair

2 Corinthians 1:8 - The apostle P____ felt despair in his ministry.

Despair is the absence of h_____.

Psalms 42 and 43 were o____ psalm originally, as seen in the refrain that repeats three times.

Psalms 42:1-4 - The psalmist suffered from being e_____ from God and the taunting of his e_____.

The term “downcast” means “to c_____ or to b_____ d_____.”

The Pathway out of Despair

Psalms 42:5, 11, 43:5 - The psalmist talks to h_____.

We must t_____ to ourselves instead of allowing ourselves to t_____ to us!

The first step out of despair is r_____ that we have it.

The second step is r_____ to hold on to it.

Hope is confidence in what God w_____ do; it is f_____ faith.

John 16:20-24 - J_____ is closely related to hope in the Bible.

Philippians 4:4; 1 Thessalonians 5:17 - We are commanded to r_____. This is not a feeling but a c_____.

The Power over Despair

Psalms 43:2 - The psalmist recognizes that God is his s_____.

Ephesians 1:19-20 - The power of Christ’s r_____ lives within is, even in the face of death!

Word Search - John 16:16-24

P W F P E K W P F E R O M B I
 N D A L L I W E I O C S A S M
 B I R T H S D Y V D R N F A O
 N A M P A E G W L I O G F M U
 F S B Y E N C I H T E T E R R
 Y D I Y I E H I H A E C R T N
 N N E V A C W E O R T A E F S
 G G I T U N R V N J G U E R U
 P G R W N M G W M N E I M N W
 N A Y I E A E U I E R R T F H
 N R S A E L W H I G A I O D I
 F R N K T V T E F S L N O S L
 B Y O T I Y E G S Y H E T L E
 O C I B N N B V H U S O U R C
 G L M A G E G Y O U R F T B L

AFTER	FORGETS	RECEIVE
ANGUISH	GIVING	REJOICE
ANOTHER	GRIEF	SAYING
ANYTHING	GRIEVE	UNTIL
ASKING	LITTLE	WANTED
BABY	MEAN	WEEP
BIRTH	MEANT	WHAT
BORN	MORE	WHILE
CHILD	MOURN	WILL
DOES	PAIN	YOUR

Turning Sad to Glad



“Rejoice in the Lord always. I will say
it again: Rejoice!”
(Philippians 4:4)

Overcoming Despair



*“You will grieve, but your
grief will turn to joy.”*
(John 16:20)